

ANNUAL REPORT 2024-2025



**BELLA HEALTH CARE
CHARITABLE TRUT**

TABLE OF CONTENTS

STUDENT CONTENTS

- 01.
MESSAGE FROM THE OUR FOUNDER
- 02.
THANKS TO OUR DONAR
- 03.
ABOUT BELLA HEALTH
 - a. KRISHNA CLINIC
 - b. COMPUTER LITERACY PROGRAM
- 04.
OUR TEAM
- 05.
OVERVIEW
- 06.
IMPACT OF OUR WORK
- 07.
BELLA HEALTH NUMBERS
- 08.
GEOGRAPHIC SCOPE
- 09.
OUR PROGRMS
- 10
FUTURE PLAN
- 11
LEGAL DOCUMENTS

MESSAGE FROM THE FOUNDER



Bella has completed 13 years of service to our communities in Uttarakhand. I want to thank Kailash chandra, Malti Haldar, Manju Bidland, Divya Sharma, Dr. Kritiki Butola and all other staff members for keeping my dream alive through their leadership, hard work and commitment to Bella. I want to acknowledge the support and encouragement provided by Chief Medical Officer and Director of Education. Primary healthcare as well as educational services to the women, children and adolescents in our communities. We will also continue to find new partners to help deliver our services to more communities.

OUR GOALS FOR THE NEXT TWO YEARS ARE TO:

- Provide Health Care Services to 90,000 beneficiaries.
- Provide skill development courses more than 500 women's and children through Skill Development program government of India.
- ❖ Expand operations to Chamoli Garhwal and more interior places in Uttarakhand.
- ❖ Village Adoption Program in Village Jakh, Karanprayag Tehsil, Chamoli District.

Dr. V.P. Agarwal
Founder

Bella Health Care Charitable Trust

THANKS TO OUR DONAR

Bella Health has been supported for the past 13 years through the generous donations of Dr. Vijay P. Agarwal.

A native of Mumbai, he has dedicated his life to medicine and helping people indiscriminately to achieve health and well-being. He is a dedicated physician and admired by all of his patients and colleagues. Dr. Agarwal has supported Bella Health with his firm belief in our mission and vision to improve the lives of women in India.



ABOUT BELLA HEALTH

VISION: To enhance the health and quality of life of all, whom we serve and address health disparities in our communities.

Bella Health Charitable trust is an NGO based in Dehradun, Uttarakhand working tirelessly since 2011 for the enhancement of women health and quality of life, by empowering women to increase their ability to make informed family planning and reproductive health choices. The activities include health care services that address maternal, child and reproductive health issues. Bella Health has been a pioneer in the provision of Reproductive Health care services in North India. Through our community-focused and mobile approach, including our highly skilled and dedicated team, we have broken down the barriers to access within these communities. The health care services we provide are supplemented with health education; this health education not only empowers women and their communities but sets them on a path to continuous health maintenance by encouraging them to prevent, and sustain positive health behaviors. The knowledge we impart stays in the villages and fosters a healthy life-course amongst beneficiaries and their communities even when our programs are not there We have given a detailed table explaining the number of beneficiaries we have provided service to, in the past 13 years.



KRISHNA CLINIC

Bella Health Care has established a clinic in 12 A/2, Prakash Vihar, Near LIC Building, Dharampur, Dehradun, Uttarakhand, India, which provides high quality acute care to patients in the rural and urban areas by appointment or walk in basis. This stationary location allows patients receiving care from the mobile clinics to pursue follow-up. The clinic also enables procedures that cannot be completed in the van such as Intra Urine Device insertion, etc. This results in quality care that is continuous and sustainable. The clinic is fully equipped to perform exams, labs, screening, dispense medicines and provide health education / health promotion classes. Patients typically visit the clinic on Monday to Friday from 9am to 5pm. We see follow-up patients from the field as well as patients in the neighborhoods near our clinic.



COMPUTER LITERACY PROGRAM

Bella health education classes started computer education classes to enhance technical knowledge of community girls in village Redapur, Chharba Road, Sahaspur block, Dehradun Uttarakhand. There was no computer facility in or near by the village and the youth had to go to the market area for any online work. Computer education classes play a pivotal role in shaping the skills and knowledge of individuals in today's technologically driven world. These classes serve as a gateway for students to develop a profound understanding of computer systems, software applications, and digital literacy. In these classes, students not only learn the basics of hardware and software but also delve into more advanced topics such as programming, data analysis, and information technology. The curriculum is designed to equip learners with the skills necessary to navigate the digital landscape with confidence and efficiency. Beyond technical proficiency, computer education classes foster critical thinking and problem-solving skills. Students are challenged to analyze problems, develop logical solutions, and apply their understanding to real world scenarios. This not only enhances their computational thinking but also prepares them for the dynamic challenges of the modern workforce. Moreover, computer education classes often emphasize the importance of responsible and ethical technology use. Students learn about digital citizenship, online safety, and the ethical considerations surrounding information technology. This holistic approach ensures that individuals not only become proficient users of technology but also responsible and ethical contributors to the digital community. In essence, computer education classes are a cornerstone of contemporary learning, empowering individuals with the knowledge and skills needed to thrive in an increasingly digital and interconnected world. Whether pursuing careers in technology or other fields, the insights gained in these classes lay a foundation for a well-rounded and digitally literate society.



STUDENTS FEEDBACK

Bella HEALTH

STUDENT FEEDBACK



My name is Khushi Choudhary.


I live in Dhakrani village. I had completed my intermediate in 2022. We are 6 members in my family. My father work as a farmer and my mother is a housewife, I belong to poor family, So I can't continue my education after 12th. After few I came to know about Bella computer center and their facilities. Their Teacher and staff are very polite and humble, I immediately applied for this computer course. Today I had completed 3 months in this computer center and here I got a lot to learn, I am very happy that I got this opportunity to learn more. Thanks Bella computer center and his team for this.



Name – Khushi Choudhary
Village - Dhakrani, Viashnagar
Block, Dehradun, Uttarakhand.

Bella HEALTH

STUDENT FEEDBACK



My name is Meenu,


I live in Dhakrani village, I had done my Graduation, I am a teacher, and I had taken admission in Bella computer center on 16th June 2012 has going to complete 2 months here. Here I learned English typing, MS word, Paint PowerPoint etc. I had never used computer before, but when I got information about Bella I have come to the computer center and got a lot of information about computer. There was no facilities for girls and women in this village, but since Bella computer has been opened in Dhakrani village. Then Girls got to learn about computer. I want to thanks Bella computer center for this great initiative, Thanks.



Name – Meenu
Village - Dhakrani, Viashnagar
Block, Dehradun, Uttarakhand.


Bella HEALTH

STUDENT FEEDBACK



My name is Zainab,

I am a resident of Dhakrani village, I had completed class 12th. I had come to Bella computer center to learn computer on 12th of June, today I am going to complete 2 months. I live in backward village where there is no computer facility in our village nor did I go out to learn. Didn't even get a chance. That's when I came to know about Bella computer centre, I have immediately applied in Bella computer and here I got a lot to learn. First of all we have been taught English typing after that MS word, power point, ms Excel etc have been taught. Earlier I had no knowledge of computer, now I know a lot about computer and also learning now. I would like to thank the Bella computer center, teacher and their team for giving us this opportunity.



Name – Zainab
Village - Dhakrani, Viashnagar
Block, Dehradun, Uttarakhand.

OUR TEAM

NAME	POSITION ON GOVERNING BODY	QUALIFICATION	YEARS OF EXPERIENCE
Dr. Vijay P Agarwal	Founder	MBBS, MD	16
Mr. Kailash Chandra	President	MSW	1
Dr. Malti Haldar	Board Member		1
Miss. Manju Bidland	Board Member	M.A	1
Miss. Divya Sharma	Board Member	M.Com	1



Bella Health is so blessed to have such dedicated, passionate, hardworking and talented team members.

Health Care Provider: Dr. Kritiki Butola,

Health Educators: Mrs. Sonali Sanjwan.

Nurse: Mrs. Mamta Meharwal

Clinical Support staff : Mrs. Seema Rai

OVERVIEW

While the underlying causes of these Reproductive Health morbidities are complex and multifaceted, much can be done by providing direct health services and education at the primary and community care level. We focus exclusively on reproductive health - there is a huge need to go back to basics and teach people about proper menstrual hygiene, dismantle common misconceptions about reproductive health and teach accurate and relevant topics on family planning, pre/post natal care, menstrual hygiene, sexually transmitted infections, respiratory tract infections, infertility. Our programs address the aforementioned problems by providing high quality health services supplemented with health education. We empower women with education, so they can have a healthier life. We also want this education to begin young, so that a healthy life course approach is adopted early in order to be better maintained throughout the different stages of life and health. In light of this, the adolescent program, which was piloted in 2013, has been a major success. The community feedback has been positive and we are leaving adolescents with knowledge that will shape their attitudes, decisions and lead to

healthier behaviors. These tools will not only make the new generation healthier, but their families and communities healthier too.



IMPACT OF OUR WORK

Reproductive Health

Beneficiaries of Bella Health services have increased awareness of reproductive health issues and have better health outcomes. Beneficiaries have no UNMET needs for contraception. The rates of modern contraception use is 25% higher in patients using our services than baseline. The rates of unsafe abortion have decreased, as they have safe abortions. Pregnant patients receive an average of 5 antenatal visits and 3 prenatal visits, which is 200% increase from baseline data. The beneficiaries are also more likely to have an institutionalized delivery. Additionally, they are more aware of dangerous conditions during pregnancy that will lead to early treatment, which in turns protects the health of both mother and infant. Obstetric and gynaecological emergency situations are identified early and respective interventions were sought immediately. Dangerous conditions for the mother and the baby have been reduced through these early interventions, knowledge and proper counselling for the mother and family.

Maternal Health

There have not been any maternal ,child deaths and pregnant patients in our target area. The majority of sexually transmitted disease/reproductive track infection and pelvic inflammatory disease infections have been treated and the patients remain infection free, by having adopted some form of modern contraception. Most importantly, the beneficiaries perceive that woman's health is important. There have been 75-100% increase in the perception of indicators such as: the importance of woman's health, feeling empowered to seek treatment, feeling empowered to know what is wrong with their health and feeling comfortable talking to their health care providers about family planning.

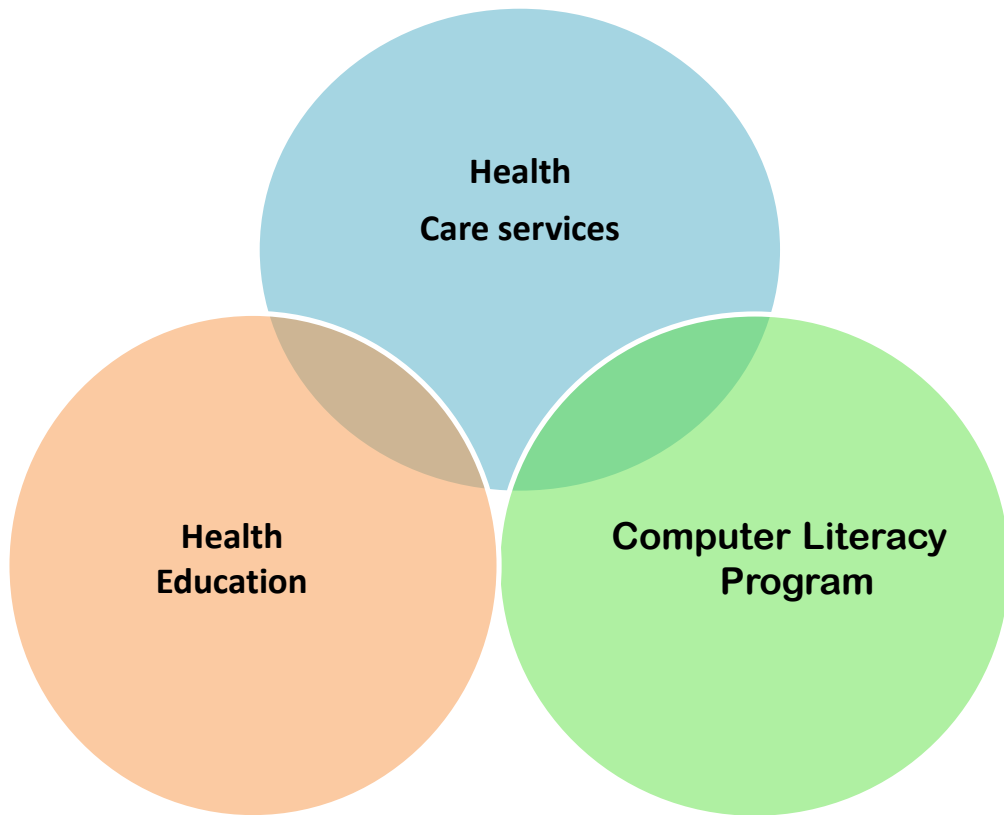
Health Education

Knowledge has increased 70-100% in health topics. Beneficiaries are educated and have increased their knowledge on contraception, HIV/STI's, abnormal vaginal discharge and other reproductive health focused topics. They have increased awareness in the prevention, transmission and treatment for sexually transmitted infections and reproductive tract infections. This increased knowledge is an indicator that beneficiaries feel a greater sense of empowerment regarding their health, health care decisions and in their interactions with providers. To summarise- The beneficiaries are empowered!

Adolescents

Children and adolescents have improved knowledge to adopt healthy behaviours, which will in turn, mould their attitudes so they adopt and maintain healthy behaviours across their life course. Some of the healthy behaviours the beneficiaries have been encouraged to adopt are proper hand hygiene, menstrual hygiene, diarrhoea prevention and prevention of reproductive tract infections – all valuable health knowledge assets that provides a foundation for overall health amongst beneficiaries.

IMPACT OF OUR WORK



BELLA HEALTH NUMBERS

Year	Patients	Health Education	ARH Education	Total Beneficiaries	Labs	Medicines Dispensed	ANC/PNC Reproductive Health	Computer Education
2012	6,964	7,912	-	14,876	3,553	281,632	484	
2013	9,665	20,279	4,629	34,573	4,861	147,945	876	
2014	21,522	10,221	14,036	45,779	3,660	241,954	533	
2015	5,976	10,222	8,921	25,119	1,673	178,411	335	
2016	7,365	13,301	22,168	42,834	1,830	124,284	414	
2017	7,704	11,546	16,898	36,148	1,976	157,000	332	
2018	7,873	11,393	22,765	42,031	2,010	216,809	360	
2019	9,360	12,168	23,450	44,978	2,496	2,19,102	426	
2020	7,597	8,564	-	16,161	1,465	2,15,102	426	
2021	3,336	2,115	-	5,487	804	85,136	215	36
2022	-	-	-	-	-	-		
2023	215	500		760	105	860	159	45
2024	1,563	1,615	-	1,723	656	5,056	125	45
Total	89,140	1,09,836	1,12,867	3,10,469	25,089	18,73,291	4,685	126



GEOGRAPHIC SCOPE



District – Dehradun

Block: Doiwala

Villages - Balawala, Ajabpur Kalan, khadri, Markham Grant, Majri Mafi, Miyanwala, Mothrowala, Bullawala, Majri Grant, Shergarh, Badowala, Dudhali.

Block: Vikas Nagar

Villages - Dhakrani, Kunja Grant, Haripur,

Block: Raipur

Villages - Lakhibagh, Maldevta, Bhagwanpur, Mehuwala, Majara, Nalapani, Raipur, Patel Nagar.

Block: Sahaspur

Villages -Selaqui, Sahaspur,

District – Chamoli

Tehsil : Karanprayag

Villages – Jakh, Bajaan, Nouti, Nandasain

OUR PROGRAMS

Health care services are provided through our mobile health ambulance that travels to villages and slums on a daily basis and our permanent outpatient clinic - **Krishna Clinic** in **12 A/2, Prakash Vihar, Dhrampur, Dehradun**.

Gynaecological Services

Treatment and diagnosis of menstrual cycle problems, reproductive tract infections, sexually transmitted infections, pelvic inflammatory disease, infertility, pelvic pain etc.

Maternal And Infant Health

Ante-natal care visits, post-natal care visits, with comprehensive and quality treatment.

Contraceptive Services

Family planning counselling, provision of contraception, referral for sterilization.

Lab Services

Rapid labs available for 10 tests. Other labs are sent outsourced for testing.

Medications

Formulary Medicines are given as per doctor's prescription for 7-14 days.

HIV Related Services

Counselling for sexually transmitted infections and family planning methods.

Acute CARE

Basic non-emergent health conditions are treated on a primary health level.

Services for Men

General Check up Awareness, testing and counselling.

FUTURE PLAN

- Provide Health Care Services to 90,000 beneficiaries.
- Provide skill development courses more than 500 women's and children through Skill Development program government of India.
- Expand operations to District Chamoli Garhwal and more interior places in Uttarakhand.
- Triple the number of women who access to quality reproductive health and family planning services in our target areas by 2026.
- Provide modern contraception to all women in reproductive age who desire to space a family in our target area by 2026.
- Decrease the prevalence and increase the awareness of Sexually Transmitted Infections' and Reproductive tract Infections by 50% in our target areas by 2026.
- Decrease the amount of unsafe abortions by 50% in our target areas by 2026.
- Ensure there is not any UNMET need for contraception in our target areas by 2026.
- Decrease the amount of adolescents who are pregnant in our target area by 2026.
- Decrease the rates of infertility by actively treating and educating women on Pelvic Inflammatory Disease in our target area by 50% in our target areas by 2026.
- Village Adoption Program in Village Jakh, Karanprayag Tehsil, Chamoli District.



SPECIALLY THANKS

- ❖ Adarsh Medicose
- ❖ ICICI Foundation
- ❖ Jan Sikshan Sansthan (JSS)
- ❖ Kumaun Surgical House
- ❖ Chandan Laboratories



LEGAL DOCUMENTS

PRNO-53 254-III-241

भारतीय गैर न्यायिक भारत INDIA

रु. 500 FIVE HUNDRED RUPEES

पाँच सौ रुपये Rs. 500

INDIA NON JUDICIAL

उत्तरांचल UTTARANCHAL A 603465

TRUST DEED

THIS DEED of trust is made in the city of Rishikesh on 27th Day of July, 2011 by DR. VIKAS PREMCHAND AGARWAL S/O DR. PREMCHAND SHARMA AGARWAL R/O KEMPTY FALL VIA MARSOURIE, UTTARANCHAL, Aged 58 years heretofore refer to as Founder & Settlor which expression shall mean and include his heirs, legal representatives and assigns.

WHEREAS the executants named above is desirous of creating a charitable trust by setting apart Rs. 1100/- (Rupees One Thousand One Hundred) only for charitable purposes and which have been acquired by his out of his personal savings and which belong to his entirely and absolutely.

AND WHEREAS, the executants has himself appointed as Founder-Settlor Trustee along with -

DEVIENDR BERRY MANAGING TRUSTEE
S/O SH. NARAYAN DAS BERRY
R/O LAKESHIST BUNGLOW K/ KANDI KAMPTY
TERHI GARHWAL.

Hereinafter partly called "THE TRUSTEES" which expression shall, unless excluded by & required to the context or meaning thereof be deemed to include them and trustees, for the time being for their presents and their survivor or survivors and successor or successors in office.

No. 0100027782018

Government of India
Ministry of Home Affairs
Foreigners Division
(FCRA Wing)

MOCC-II Building, Jai Singh Road,
New Delhi-110001
Dated: 11-03-2019

To
The Chief Patroness,
Shri Health Care Charitable Trust,
C-2 MIDCITY COLONY, CHENNAI-600008, Tamil Nadu, 600001.

Subject: Registration under Foreign Contribution (Regulation) Act, 2015.

Reference: 100/- referred to your application dated 26-11-2018 requesting registration under the Foreign Contribution (Regulation) Act, 2015. I am directed to say that your Association has been registered under Section 11 (1) of the Act as follows:

Registration Number: 347096(1)
Name: Shri Health Care

2. The registration shall remain valid only in its incorporated form and account number 3748880000 in STATE BANK OF INDIA, ACCOUNT NO. 28184000, CHENNAI, 600001 as mentioned in its application for grant of registration.

3. In terms of section 18 of the Foreign Contribution (Regulation) Act, 2015 read with Rule 17 of the Foreign Contribution (Regulation) Rules, 2011, as amended from time to time, you are allowed to receive foreign contribution received by you, the amount and the manner in which the foreign contribution may be used shall be governed by the Act and the Rules. Its association is required to furnish the return within 30 days of the receipt of the contribution to the Ministry of Home Affairs, New Delhi. The Bank Account mentioned in your application should be used for receiving foreign contribution and no other account should be created in this regard. The association should maintain proper records of the contribution received and its use. In case of any change in the name of the Association, its address and its bank account.

4. The association shall comply with the provisions of the Foreign Contribution (Regulation) Act, 2015 and its Rules, 2011 as amended from time to time. It shall not be permitted to use the contribution for any purpose other than the purpose for which it is received. The association shall not be permitted to use the contribution for any purpose other than the purpose for which it is received. The association shall not be permitted to use the contribution for any purpose other than the purpose for which it is received.

6. You are requested to note the provisions of Section 7 of FC(R) Act, 2015 and Rule 24 of FC(R) Rules, 2011 and ensure that before any funds are passed on to any person/association in India that the recipient is (i) eligible to accept foreign contribution under the Act, i.e., registered association as registered under the Act, or has obtained Prior Permission of the Government under Section 11 of the Act, and (ii) the person/association is not prohibited under the Act.

7. Physical inspection of the submitted form by the Association may be carried out at any time by the Ministry.

8. You are requested to familiarize yourself with the provisions of Foreign Contribution (Regulation) Act, 2015 and Foreign Contribution (Regulation) Rules, 2011, as amended from time to time, available at the Ministry's website <https://mha.gov.in> or to ensure strict compliance of the Act/Rules. Failure to comply with any of the provisions of said Act/Rules will make you liable for action under the relevant provisions of the Foreign Contribution (Regulation) Act, 2015.

9. The certificate of Registration is valid for a period of five years from the date of registration under the Act.

10. The email containing the registration letter may be sent immediately to the bank mentioned above.

11. This is a digitally signed certificate to be validated digitally using the signature panel using Adobe Acrobat Reader (ver 5.0 or above). The digital information is authenticated by a digital signature obtained from a certifying authority under the Information Technology Act 2008.

12. Banks are requested to verify before the validity of the certificate using <https://mha.gov.in>.

Yours faithfully,

Digitally signed by Rakesh Sahai
Date: 2019.03.11 12:00:07
Country: India
Rakesh Sahai
Section Officer
Tel. 91123436245

KRISHNA CLINIC

**PROVISIONAL CERTIFICATE
FOR REGISTRATION OF CLINICAL ESTABLISHMENT**

27/1/2024

1 - Name of the C.E. - Krishna Clinic (Bella Health Care Charitable Trust)

2 - Address of the C.E. - 12A/2, Prakash Vihar, Dharampur, Dehradun, Uttarakhand

3 - Owner of the C.E. - Mr. Kailash Chandra

4 - Name of person in-Charge - Dr. Rita Agarwal

5 - System of Medicine - Allopathic

6 - Type of Establishment - Clinic

Is hereby provisionally registered under the provisions of Clinical Establishments (Registration & Regulations) Act 2010 and the Rules made there under.

This authorization is subject to the condition as specified in the rules in force under the Clinical Establishments (Registration & Regulations) Act 2010 and the Rules made under.

Chief Medical Officer
District Registration Authority
Dehradun

Place: DEHRADUN
District Registration Authority
CMO Dehradun, 185 Chaudar Nagar Dehradun.
Ph. 0135-2734506

Regional Office
Uttarakhand Pollution Control Board
C-123, Nehru Colony, Nehru Dutt
E-mail: mcb@upcb.org
Phone No. 0122-232350

LIFE
Center for Environment

RD-UPCB/RCO/BMW/TH/IN-2027/2024-25/1A/25 - 1008 Date: 07/01/24 REGD.P087

AUTHORISATION

(Authorisation for operating a facility for generation, collection, reception, storage, treatment, Transport and disposal under the Medical Waste Management Rules 2016)

To,
M/s Krishna Clinic Bella Healthcare Charitable Trust,
12A/2 Prakash Vihar, Dharampur
Dehradun.

1. File number of authorization and date of issue: Application No.-4200361, Dated: 04-07-2024

2. M/s Krishna Clinic Bella Healthcare Charitable Trust on receipt of the facility located at 12A/2 Prakash Vihar, Dharampur, Dist-Dehradun is hereby granted an authorization for Activity: Generation, Segregation, Collection, Storage, Treatment & Disposal.

3. M/s Krishna Clinic Bella Healthcare Charitable Trust, is hereby authorized for handling of biomedical waste up to the capacity given below:

- Number of beds of HCF: Non-Bedded Clinic
- Installed treatment and disposal Capacity 500 Gm per day
- Bio-Medical waste to be transported through authorized transporter and to be disposed at authorized common Bio-Medical Waste Treatment Facility (CBWTF).
- Quantity of Biomedical waste handled treated or disposed

S. No.	Category	Total Quantity permitted for Gm/Day
1.	Yellow	500 Gm
2.	Red	
3.	White	
4.	Blue	

4. This authorization is Valid up to 30-06-2024 for non-bedded occupancy from the date of issue.

5. This authorization is subject to the conditions stated below and in such other conditions as may be specified in the rules for the time being in force under the Environment (Protection) Act, 1986.

Date: 04-07-2024

Place: Dehradun

(Dr. R.K. Chattervedi)
Regional Officer UC

Copied to: Member Secretary, Uttarakhand Pollution Control Board, Dehradun, for kind information please.

Regional Officer UC

M/s Krishna Clinic Bella Healthcare Charitable Trust, Dehradun - 2

**Bharat Environmental Solutions
(B.E.S.)**

Office Address: C-82, Nehru Colony, Dehradun-248003

CBWTF Address: Village Kulerwara, Tehsil Narendra Nagar, Dist. Tehri Garhwal, Uttarakhand-248143

Contact No.: 0125-4146436, 8979335224, 9837471806, 9690815525

E-mail: info@bes-bes.in, bharatenvironmentalsolutions.ah@gmail.com | Website | www.bes-bes.in

S.No.: BES/UK/2024-25/426

CERTIFICATE

The purpose of this certification is to confirm that

M/s. Krishna Clinic (Bella Health Care Charitable Trust)

12 A/2 Prakash Vihar, Dharampur, Dehradun Uttarakhand- 248001

is a member of Bharat Environmental Solutions, which has been granted authorization by Uttarakhand Pollution Control Board, in accordance with Directives M.O.E.F.C.C. & "Biomedical waste management rules, 2016 amended in 2018 & 2019."

Authorized Signatory
(Bharat Environmental Solutions)

Date of issue: 04/07/2024
Valid upto: 31/03/2029